

## EMERGENCY NUMBERS

Emergency: \_\_\_\_\_  
Local Ambulance: \_\_\_\_\_  
Local Police: \_\_\_\_\_  
Local Fire Department: \_\_\_\_\_

## ADDITIONAL NUMBERS

Poison Control: 1-800-876-4766  
Child Abuse Hotline: 1-800-827-8724  
Elder Abuse Hotline: 1-877-565-2020  
National Domestic Abuse Hotline: 1-800-799-7233  
Suicide Hotline: 1-800-273-8255

### For more assistance Grievance

|                     |                                    |
|---------------------|------------------------------------|
| Molina              | 1-888-665-4621, TTY users dial 711 |
| Healthnet           | 1-800-675-6110, TTY users dial 711 |
| IEHP                | 1-800-440-4347                     |
| Blue shield Promise | 1-855-905-3825 [TTY: 711]          |
| Anthem BlueCross    | 1-800-407-4627                     |
| LA Care             | 1-888-839-9909                     |
| DMHC Help Center:   | 1-888-466-2219                     |
| Ombudsman:          | 1-888-452-8609                     |

## Covering Provider

Provider: \_\_\_\_\_ Phone: \_\_\_\_\_

Office Manager's Name: \_\_\_\_\_  
Phone Number: \_\_\_\_\_