

Provider Quick Reference Guide: Diabetes and Hypertension Care

Molina is your partner in care. This is a Quick Reference Guide to assist you to get the care and services your patients need to help manage their diabetes and/or hypertension between office visits.

Members of the Molina Healthcare of Ohio Medicaid or Molina Dual Options MyCare Ohio Medicare-Medicaid Plans have access to available benefits to support them in this health journey. Depending on what they need and when it's needed, this information can help connect them to quality health care programs and services.

Medicaid & MyCare		
Glucometer	<i>When a patient needs to monitor their blood sugar at home, a prescription is needed for a glucometer and diabetic supplies to be filled at a local pharmacy.</i>	
Home BP monitor	<i>When a patient needs to monitor their BP at home, a prescription is needed with the following information:</i> <ul style="list-style-type: none"> • Member's name, date of birth and address • Diagnosis • Cuff size (standard or extra-large) • Molina ID number • Physician signature, NPI number and office phone number • Date <p>The prescription will be filled by a durable medical equipment (DME) company. Depending on the company, the order can be faxed, called in or the member can take the prescription to the store. The company may ship, deliver or prefer the patient pick it up at their location.</p> <p>Call Molina Member Services for assistance with identifying local DME companies:</p>	
	Medicaid: 800-642-4168	MyCare: 855-665-4623
90-day prescriptions	<i>When a patient needs help with medication compliance, 90-day prescriptions are available for maintenance medications for Medicaid and MyCare members.</i>	
Behavioral Health	<i>When a patient needs help with behavioral health and substance abuse treatment, a Member Services representative can help connect them to needed care.</i>	
	Medicaid: 800-642-4168	MyCare: 855-665-4623
Care Management	<i>When a patient needs extra help with a health problem, a Care Manager can help connect patients with community resources, set up services with a primary care doctor or specialist, and more.</i>	
	Medicaid: 800-642-4168	MyCare: 866-891-2320
Disease/Health Management	<i>When a patient needs help managing diabetes or heart disease and making healthy lifestyle choices, educational programs are available.</i>	
	Medicaid and MyCare: 866-891-2320	

Medicaid & MyCare	
Health Education Programs	<i>When a patient needs help learning about healthy eating, exercise and ways to quit smoking, educators are available to provide healthy lifestyle tips.</i>
	Medicaid and MyCare: 866-472-9483
Medical Nutrition Therapy (Diabetes)	<i>When a patient needs medical nutrition therapy for diabetes, local registered dietitians can be found by visiting the Academy of Nutrition and Dietetics website.</i>
	https://www.eatright.org/find-an-expert
24-Hour Nurse Advice Line	<i>When a patient needs health care advice, nurses are available for help getting needed care.</i>
	Medicaid: 888-275-8750 MyCare: 855-895-9986
Non-emergency medical transportation	<i>When a patient needs transportation to health care appointments, transportation specialists are available to explain the benefit and assist.</i>
	Medicaid: 866-642-9279 MyCare: 844-491-4761
Provider Services	<i>When a provider needs help, a Provider Services representative can answer plan-related questions.</i>
	Medicaid and MyCare: 855-322-4079

For more information about these programs and services visit **MolinaHealthcare.com**, select "Members," then "Medicaid" or "Molina Dual Options MyCare Ohio," and then select "What's Covered."

References

CPT®II Codes

Specific codes are needed on your claims to report blood pressure readings and A1c values for the controlled BP and poor control A1c quality measure for the Ohio Comprehensive Primary Care Program and HEDIS. Please be sure to include one or more of the following CPT II codes on your claims, when appropriate, to ensure that blood pressure readings and A1c values are reported properly:

CPT®II code	Blood pressure:	CPT®II code	Hemoglobin A1c:
3074F	Systolic less than 130 mm Hg	3044F	less than 7.0%
3075F	Systolic 130-139 mm Hg	3046F	greater than 9.0%
3077F	Systolic greater than or equal 140 mm Hg	3051F	7.0% to less than 8.0%
3078F	Diastolic less than 80 mm Hg	3052F	8.0% to less than 9%
3079F	Diastolic 80-89 mm Hg		
3080F	Diastolic greater than or equal 90 mm Hg		

Resource links at-a-glance

- ACC Guideline: High Blood Pressure in Adults
- ADA Standards of Medical Care in Diabetes
- Ohio Medicaid Unified Preferred Drug List
- Molina Healthcare
- Molina Provider Portal
- Diabetes MNT: Local Registered Dietitians